BTech, Citizenship & Stamina – Richard Lucas

Daily Work Log

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| **Date** | **Work & Activities** |
| Week beginning 23/3/2020 | Please work through the Self Assessment and Employability Skills worksheet below and email it back to Richard  [rlucas1@educ.somerset.gov.uk](mailto:rlucas1@educ.somerset.gov.uk) |
| Week beginning 30/3/2020 | Read through the front sheet for the assignment and complete page 3.  Then work through the assignment that is attached.  This is about you cooking a meal at home you can use any recipe that you have or if you email Richard he will send you some suggestions and a variety of recipes that you can use. Complete the paperwork for the meal and email Richard if you have any questions [RLucas1@educ.somerset.gov.uk](mailto:RLucas1@educ.somerset.gov.uk) Happy cooking"  Home Cooking task 2020    Jamie Oliver has lots of recipe ideas by following this link:  <https://www.jamieoliver.com/recipes/category/books/keep-cooking-and-carry-on/>  Front sheet for HCS Assignment 2020 |
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