










South Somerset Partnership School

SEND Support at home – Week 8 29th June 2020



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| PRIMARY | |
| Communication & Language  | Physical & Sensory  |
| <p><u>Positive thoughts communication</u></p> <p>Choose a day when you are feeling happy or positive and write a letter to yourself. Read this letter when things are more difficult. Remember to include advice about things that have helped you to cope in the past. Read the letter to remind yourself on days when you feel more anxious.</p> <p><u>Show and tell</u></p>  <p>Choose something you are interested in to show and tell to your family. Tell them three facts or opinions about your chosen object or topic. See if they have any questions to ask you!</p> | <p><u>Sensory</u></p> <p>Make some playdough in different colours (see attached recipe.) Create a game with your family around a given theme, for example, The Simpsons characters. Can you guess each other's creations?</p> <p>Make characters using the playdough ready to create your own film animation! Draw your characters first if it helps. Make sure they don't dry out before film day!</p>   |
| Learning - Working Memory  | Managing our Feelings  |
| <p><u>Playing games</u></p> <p>Today we are focusing on ways to improve a set of skills called 'executive functioning skills.' These skills include working memory, flexible thinking and self-control. We use these skills every day to learn, work, and manage daily life.</p>  <p>Unbelievably, games such as UNO, scrabble and Jenga all support these skills! Why not play a game with your family?</p> <p>Completing puzzles also improves these skills – see the puzzle template below – create your own picture, stick this onto a piece of cardboard and cut out to make your own puzzle.</p> | <p><u>Lego Yourself!</u></p> <p>Make a Lego mini version of yourself. What superpowers do you have? Why not make your family members too? You need to think about their interests in order to choose something to represent them.</p>  <p><u>Make your own film!</u></p> <p>Explore how to create a Stop animation film. Download and explore a free stop animation app such as 'Lego movie maker.' Set up your characters and start clicking! Play around with adding sounds and music.</p> |
| <p><u>Upcoming events/useful links</u></p> <ul style="list-style-type: none"> Somerset Parent Carer Forum is asking parents and carers of children and young people aged 0-25 years with Special Educational Needs and/or Disabilities (SEND), to take a survey. Please follow this link to share your views. https://choices.somerset.gov.uk/025/send-inspection-update-please-take-the-survey/ Somerset's Coronavirus helpline 0300 790 6275. If you would like to speak to an Educational Psychologist with any concerns arising for you, or your family during this time they are able to offer support. Please email - EPShelpline@somerset.gov.uk, leaving your name, school name and times you are NOT available to talk. You can also call 01823 357000 but waiting times may be longer. | |

South Somerset Partnership School, Dampier Street, Yeovil, Somerset. BA214EN
 Tel: 01935 410793 Email: Office665SSPS@educ.somerset.gov.uk

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SECONDARY

Communication & Language

20 Questions



20 questions is a wonderful game, which may support your ability to formulate and ask direct questions. Everyone stands in a circle with one person in the centre. The person in the middle has to think of a famous place, an object or a known personality/character. Other members of the group have to identify it by asking a set of 20 questions. The player can respond by saying only 'yes' or 'no.' If the group fails to guess, the player is declared the winner!

Physical & Sensory

Creative exploration - seeing the world through a news lens.

Capture a colour - Choose one colour to focus on for a day or a week. Use a camera/phone/iPad to capture pictures of this colour when it jumps out at you in the home and local area. Make a collage of your pictures and notice all the different hues and tones of your colour. How does this colour make you feel?

Can you make a collage to represent a certain mood or feeling?



Learning - Working Memory

Bullet Journaling

Journaling can be a great way of recording and processing our thoughts and feelings. It can also improve a set of skills called 'executive functioning skills.' These skills include working memory, flexible thinking and self-control. We use these skills every day to learn, work and manage daily life.

1. Choose a journal or notebook.
2. Choose a selection of pens/highlighters – to colour code your journal.
3. Choose a set time each day or week where you will update your journal.
4. You might want to record – something you have achieved that week, something you are working towards the following week, a long-term wish or dream, and your mood that week. Record what makes you feel happy and sad.
5. Do whatever you wish with your journal – add pictures/stickers/add artwork, stick in quotes that you like. Enjoy!



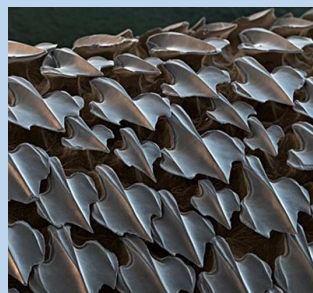
Managing our Feelings

Social Engagement - important connections such as mutually rewarding relationships.

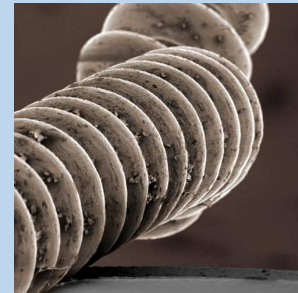
The world up close - Take photos of everyday objects, objects in nature and anything else you can find..but take the photos really close up. Host a quiz to see if family members can identify the items.

Can you guess these two?

a)



b)



a) shark skin b) guitar string

Upcoming events/useful links

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- Somerset's Coronavirus helpline 0300 790 6275.
- If you would like to speak to an Educational Psychologist with any concerns arising for you, or your family during this time they are able to offer support. Please email - EPShelpline@somerset.gov.uk, leaving your name, school name and times you are NOT available to talk. You can also call 01823 357000 but waiting times may be longer.

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Playdough recipe

Makes 1 coloured ball

Prep 10 minutes

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil



Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.

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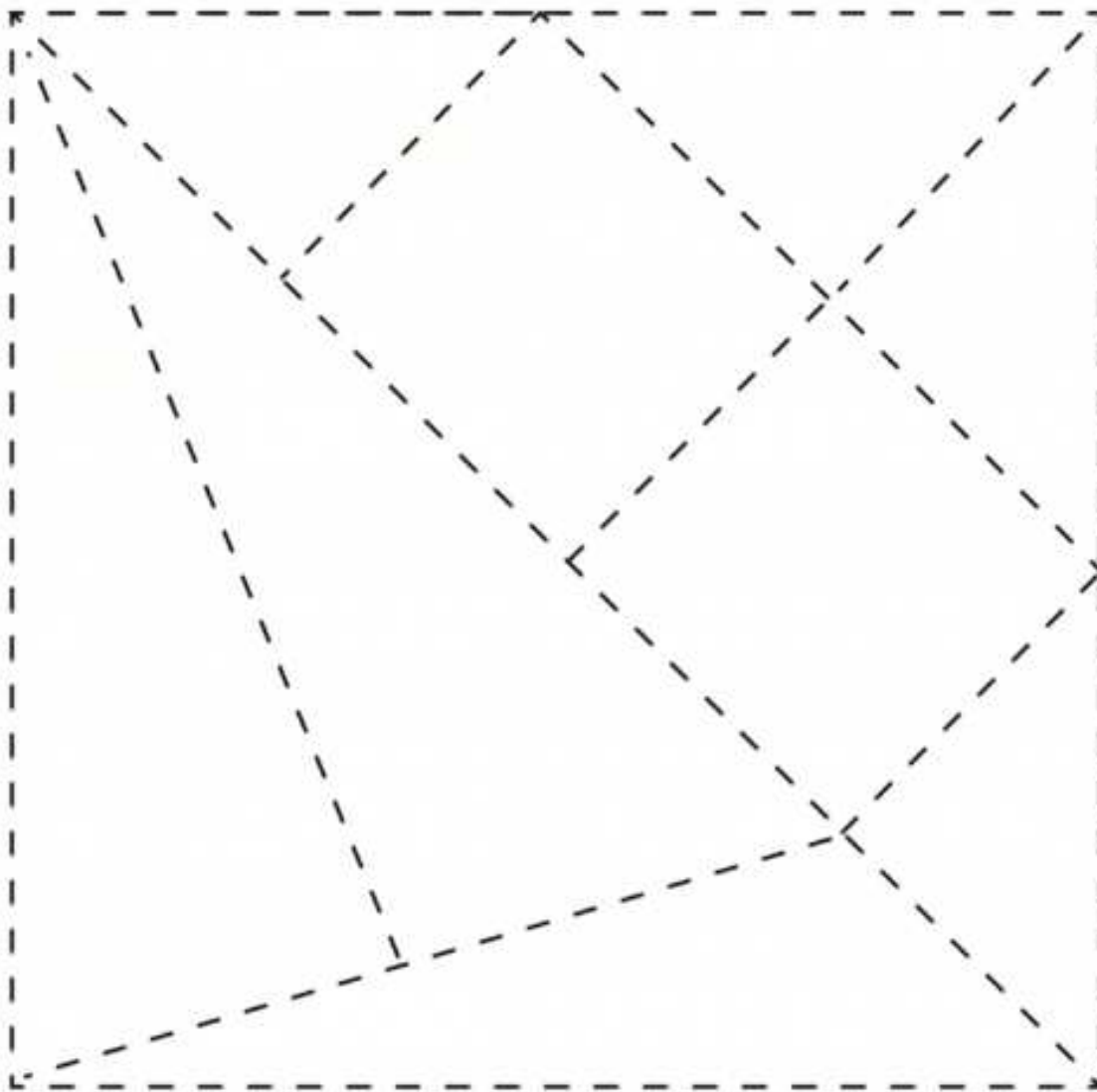




Make your own puzzle – draw a picture of your choice on the shapes below. Stick this square onto some card and cut out – can you put the pieces of your picture back together?

Create Your Own Puzzle!

Draw the picture and cut out the pieces, then try to put the pieces back together again!







LEARNING DISABILITY WEEK

THE IMPORTANCE OF FRIENDSHIP DURING LOCKDOWN



CREATE A FRIENDSHIP FLAG

Why not create a Friendship Flag which shows all the things you like or miss about a friend? For a template, [click here!](#)



LEARN 'FRIEND' IN MAKATON

To celebrate this week, why not learn the Makaton sign for 'friend'? Take a look [here](#) to learn the sign!



CONNECT DIARY

We're spending a lot more time at home at the moment so might not be seeing our friends and family as much as usual. Why not create a Connect Diary with [Access Sport](#) to connect with friends?



FRIENDSHIP BRACELET

Why not make a [friendship bracelet](#) and give it to a friend or family member to show you are thinking of them?



JOIN A LIVE SESSION

SASP are offering live sessions (such as dance!) on 'Zoom' for you to join in with, and make friends! For more info contact CRidgwell@SASP.co.uk



SOCIAL DISTANCE WALK OR CYCLE

A great way to catch up with a friend or family member, as well as improving your physical and mental wellbeing. Maybe set yourself a challenge: how many colours you can spot on your walk?

