

# South Somerset Partnership School

## SEND Support at home – Week 10 13<sup>th</sup> July 2020



### PRIMARY

#### Communication & Language



#### Physical & Sensory



##### Musical Statues

Play some music with everyone in your household. Pause the music and everyone has to stand like a statue. The person who moves has to sit out and look for other moving statues...but can join in again for the next round.



##### Changing the Leader

This game can be a great training tool for teaching children to recognise body language indicators. Choose one child to be the leader. They perform certain actions like stomping their feet or clapping. The other children have to imitate these actions. The leader may select another child as the leader by smiling at them. Repeat.

##### Salt dancing

Put some salt in a dish next to a speaker. Discover how music creates vibrations and makes salt dance! Try experimenting with different music to see what happens with fast and slow songs.



##### Scent Trail

Go to a nearby wood or park and try to find the smelliest plant that you can. Try to use words like beautiful/ugly, nice/stinky, strong/weak, flowery/spicy, sweet/savoury when describing. Try mixing several smells together to create your own potion.



#### Learning - Working Memory



#### Managing our Feelings



##### Dancing

Put on your favourite music and enjoy! Dancing provides many opportunities to develop attention, self-monitoring, and working memory, as dancers must hold choreography in mind while coordinating their movements with the music.



##### Crossword puzzles

There are many online puzzles available for all skill levels, which draw on the manipulation of letters and words in working memory, as well as increasing cognitive flexibility.

##### Daisy Chain

Find a large area of grass somewhere nearby that you can walk to and make a long daisy chain. The adult can do the tying and the child can do the finding. How long can you make it?



##### Acts of kindness

Make a list of thoughtful things to do and pledge to do them all by the end of the week. Notice how you feel when you look back at the kind acts you have carried out.



##### Upcoming events/useful links

- Somerset's Public Health Nursing team, which includes Health Visitors and School Nurses, have launched a platform called ChatHealth – which operates via text messaging. It means parents and carers of children under five can now seek advice on a range of health and wellbeing issues that are concerning them from their local Health Visiting team by text, while those with children and young people aged 5 - 19 can text the local school nursing team in the same way. The numbers are as follows:  
Health Visiting under 5's Parent Service – 07480 635514  
School Nursing 5 – 19 Parent Service – 07480 635515  
School Nursing 11 – 19 Young Peoples Service – 07480 635516
- If you would like to speak to an Educational Psychologist with any concerns arising for you, or your family during this time they are able to offer support. Please email - [EPShelpline@somerset.gov.uk](mailto:EPShelpline@somerset.gov.uk), leaving your name, school name and times you are NOT available to talk. You can also call 01823 357000 but waiting times may be longer.

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Tel: 01935 410793 Email: [Office665SSPS@educ.somerset.gov.uk](mailto:Office665SSPS@educ.somerset.gov.uk)

SENCO: Louise Conway-Byron  
EHCP Co-ordinator: Jason Roberts



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### SECONDARY

#### Communication & Language



##### Complete an Escape Room:

Teenagers love an escape room, and now it is possible to do it virtually.

Check out Durham Escape Rooms website for their online challenge. Great fun (and secretly hugely educational) for the whole family to enjoy together.

Communicate as a team to find your way out!

<https://www.escapedurham.co.uk/>



#### Physical & Sensory



##### Physical - Life Skills Challenge

There comes a time in every teenagers' life when it is time to learn some of those basic life skills. You could use this time to start to teach your adolescent some of these essential skills.

##### **Can you...**

- change a light bulb?
- change a plug?
- sew a button?
- iron a shirt?



#### Learning - Working Memory



##### Create your own computer game

##### **Hour of Code**

This amazing website shows you how to create and develop your own game. Choose from a range of different categories and follow the step by step instructions.

<https://hourofcode.com/uk>

**No experience necessary**



##### **Game Developer**

Typical starting salaries are around £19,000 to £25,000. Once you have a few years' experience, you may earn a salary of £35,000 to £50,000!

#### Managing our Feelings



##### Huge Family Jigsaw

Now the charity shops are open again you can pick up a 1000 piece jigsaw for next to nothing. A great activity for families to do together. It can also be a calming activity which could be a welcome distraction from the challenges of life during Covid 19

##### Top Tip

As seen in this picture, if you place a jigsaw on a piece of wood or board, it can be easily moved.



##### Acts of kindness



Make a list of thoughtful things to do and pledge to do them all by the end of the week. Notice how you feel when you look back at the kind acts you have carried out.

##### Upcoming events/useful links

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